

PGRC May Board Meeting

08 May 2024/ Meeting started at 7:04pm ; Adjourned 7:48pm

Attendees


MEMBER	PRESENT	ABSENT
Ndegwa Kamau	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Yvonne Hill	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Andrea Hong	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Meredith Davis	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Catherine Francoeur	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Tony Bell	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Dave Roeder	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Tina Nixon	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Marina Goldgisser	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Bernard Kelly	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Bill Murray	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Michael Broz	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Wil White	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Chuck Wolfe	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Also Present:

Quorum (8): Achieved

Open Actions

Action Tracker:

 PGRC Action Items

Board Updates

President's Updates/Special Topics

- **Board Vote:** Request from Ndegwa to purchase a gift (gift card to Charm City Running) for Janice B. for all of her extra work toward the club's graphic artistry & Sharon for Springburst Race Directing
 - \$100 to Janiche

- \$150 to Sharon
 - Motion to vote called for by Yvonne, seconded by Marina. All in favor, no dissenters. Motion passed.
- Advanced 5K
 - Also starting June 15
 - Coached by Andrea and ??? Pace Leaders
 - Marketing email/Runsignup details provided to Training Coordinator

Treasurer

- Treasurer's Report
 - Link:
 - https://docs.google.com/document/d/1Iis1q8HaBiNfay63YdCj2q26a_5GgliSjzr5A1bm1U/edit?usp=sharing

Training

- Past Training Programs
 - 10K Training Program Recap
 - 14 Participants between 2 March and 27 April 2024
 - Coached by Dave and D
- Current Training Programs
 - Early Bird 5K
 - 14 Participants
 - Goal Race either DCRR WDF or ParkRun
- Upcoming Training
 - Running Start
 - Need to start advertising
 - 3 Coaches (Tony, Maria, and JoAnn) and 2 pace leaders
 - June 15 Start Date
 - Marketing info to go out soon
 - Coach D to set up RunSignUp Page
 - Advanced 5K
 - Also starting June 15
 - Coached by Andrea and ??? Pace Leaders
 - Marketing email/Runsignup details provided to Training Coordinator
 - Marathon
 - Coached by Yvonne and LaTanya
 - Start Date: Early July TBD
 - Advanced Marathon
 - Advanced coached by Jason, Paul, Torey, and Cat
 - Goal Race(s): MCM if already registered (no guaranteed entry) and/or Richmond or NCR
 - Start Date June 1st

- Note: Marathon Training program language discussed. Will continue to use “Beginner” and “Advanced” naming convention.

Races

- **Springburst Recap**

Springburst

- Saturday, April 27th 2024
 - Over 229 Participants (including kids) Race capped at 185, we had people on standby
 - Everyone loved the race premium & Bibs
 - Designed by Janice B
 - I created some extra signs for our races. Janice created those also.
 - Additional Awards
 - I’ve already asked her to create next years t-shirt design. 😊
 - Thanks to the Volunteers!!
- **Women’s Distance Festival/Fellas’ 5K**
 - Registration is open
 - Race Date: 11 Aug
 - **Summer Series**

Summer Series

- Starts the Thursday after July 4th (July 11th)
 - I’ve contacted Greenbelt Rec the end of February
 - Received response from Greenbelt rec that the run series information has been updated and will appear in the Special Events section of our Summer Activity Guide
 - We need to add them to our insurance
- **Tony/D tracking need to add Greenbelt to PGRC Insurance**

Summer Series Lesson's Learned for 2023

- We will purchase Web Scorer software & upgrade for the club laptop and tablet again
- Order 200 bibs
- Send reminder emails to volunteers
- Advertise early (FB/IG promotion)
- Club hotspot purchased

Membership

NSTR

Webmaster

NSTR

Volunteers

NSTR

New Business

- Month Ahead
 - Memorial Day Holiday Run hosted by Chuck and Bill at the Horsepen Branch Park side of the WB&A Trail
 - Map: <https://maps.app.goo.gl/QJRrJvMDziDCRmZr5>
 - Likely start time 8am due to heat
- June
 - PGRC may not have the resources to support a table at the June 8 Trolley Trail Days unless someone volunteers to lead/coordinate (none present on board were able to do so)
 - Juneteenth Holiday Run - Marina to confirm if she is able to lead; will likely to Walker Mill Park if another leader/venue does not emerge

Sp	Volunteers Needed	Coordinator	out email	
	Springburst: Kids One-Mile Fun Run Registration	Sharon	April 29	Send initial announcement email in Jan; with a price increase email every month leading up to event
	Wine Wednesday	Yvonne	April 24	
MAY				
	Advanced 5K Training	Andrea	May 16	

	Federal Holiday Run - Memorial Day	Bill & Chuck	May 27	Start at the Bowie end of the WB&A trail. Out and back timed. Start @ 8a
JUNE				
	Marathon Training Program - Advanced	Jason, Paul, & Yvonne	June 1	First email in 2nd week of May
	Wine Wednesday	Yvonne	June 26	
	5K Running Start Training Program	Tony & JoAnn & Maria	June 15	Send first announcement email in May Looking for coach
	Spicy 5K Training	Andrea	June 15	
	Trolley Trail Day	Marina	June 8	Reach out to organizers https://collegeparkpartnership.org/trolleytrailday/ in early April
	Federal Holiday Run - Juneteenth	Marina	June 19	Walker Mill Park

Open Floor/Saved Rounds

- Andrea proposes a new meeting template; start June meeting with Action Items. Will provide a proposed template to the Board.