

PGRC Jan 2024 Board Meeting

03 Jan 2024/ Meeting started at 7:03pm ; Adjourned 8:21pm

Attendees

MEMBER	PRESENT	ABSENT
Ndegwa Kamau	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Yvonne Hill	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Andrea Hong	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Meredith Davis	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Catherine Francoeur	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Tony Bell	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Dave Roeder	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Tina Nixon	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Marina Goldgisser	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Bernard Kelly	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Bill Murray	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Michael Broz	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Wil White	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Chuck Wolfe	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Also Present:

Quorum (8): Achieved


Agenda

- 1) Annual Board Meeting
 - a) Dave taking the action to reserve the PG Plaza Community Center
 - b) Dave taking initial action source food options; board will vote to approve choice and spending via email
- 2) Coaches Meeting
 - a) Coaches meeting held 10 Jan discussion topics included:
 - i) Ensuring coaches are current on the RRCA Coaches Portal
 - ii) Meetups
 - iii) Upcoming 2024 Programs and Races
 - iv) Current programs and coaches
 - (1) Still need a coach for Springburst
 - v) RunLead Badge

- vi) RRCA Coaching Program
 - (1) PGRC looking into hosting Level I Certification Program
 - (2) Discount for Level II
- vii) Coaches Corner
- viii) GroupMe
- 3) PGRC Opportunities
 - a) Hold over from 2023:
 - i) Washington Commanders reached out with interest to put on a 5K
 - ii) Current state: Table to the March meeting to discuss if the club is willing/able to put on an event of this magnitude and if it aligns with our club/board-identified goals via strategic planning
- 4) Strategic Planning Meeting
 - a) Prior meetings (August and September 2023) to define our goals as a club and vision for the future to better focus the club
 - b) Follow-up meeting with Dr. Chan 3 April (in lieu of regular board meeting) at 7pm EST
- 5) Ten Mile Training Program
 - a) Coached by Dave and Ndegwa; started 6 Jan
 - b) Currently 65 participants
 - c) Goal race is RRCA Club Challenge in late Feb OR any other spring distance event
- 6) RRCA Club Challenge
 - a) February 5th
 - b) \$40 per runner (cost to club, not charging runners at this time except for instances of no-show)
 - c) 23 PGRCers registered for the Club Challenge
 - d) Registration closes in 8 days
 - e) At Club Challenge - need to deliver payment to RRCA (for Grand Prix & WDF Series) and to Howard County Striders (for Club Challenge balance)
- 7) RunLead Badge
 - a) Ndegwa doing some market research (Taking the course) to gauge for himself the worth
 - b) Catherine completed the course; unsure if the value add is worth it
- 8) Springburst
 - a) Saturday, April 29, 2024
 - b) Currently 134 registered (111 adults, 23 kids)
 - c) Springburst planning call facilitated by Sharon on 24 Jan with actions assigned - planning is on track; volunteers are in good shape per Chuck
 - d) Marketing is underway: flyers created, website updated, email marketing began 1 Jan 24

- e) Timing company has been secured
- 9) Springburst Training Program
 - a) Coached by Dave and Ndegwa (with help from the coaching pool)
 - b) Registration is open
 - c) Currently 4 participants
 - d) Program starts 2 March
- 10) Early Bird 5K
 - a) Coached by Joanne Smith; a new Level 1 coach who has assistant-coached the WDF and 8K training programs in 2023
 - b) Program geared to start mid-March with a tentative graduation race of one of the local WDF races (DC, maybe)
 - c) Ndegwa had created the registration page in RunSignUp and will send out to the club soon
- 11) Wine Wednesday
 - a) February 28, 2024 at the Hall CP
- 12) Treasurer's Report
 - a) https://docs.google.com/document/d/1lis1q8HaBiNfay63YdCj2q26a_5GgliSziZr5A1bm1U/edit#heading=h.l45y8ea0dvck
- 13) Website Update
 - a) Bernard is looking into options for new schematics for the website since our current WordPress scheme is no longer supported
- 14) Bowie Runs
 - a) Marina connected with Kim
 - i) Unsure how many group members are current PGRC members beyond Bill (and Clarise)
 - ii) Bill Murray (Board member at large) will serve as connection point to group
 - iii) Running group members are potentially interested in re-joining the club, as well as potentially hosting training groups (will require active and currently-certified coach participation/organization)
- 15) Looking Ahead
 - a) President's Day holiday run at Greenbelt NP hosted by Catherine
 - b) Wine Wednesday scheduled; emails need to go out
 - c) Springburst 10K Training - initial email has gone out to the club
 - d) Annual Members meeting
 - e) Hoka promotion - in the works; also potential to leverage Tony's connections with Charm City Run and some of the shoe stores at National Harbor from the WDF training program

Action Tracker:

 PGRC Action Items