

# PGRC Jan 2024 Board Meeting

03 Jan 2024/ Meeting started at 7:03pm ; Adjourned 8:21pm

## Attendees

MEMBER	PRESENT	ABSENT
Ndegwa Kamau	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Yvonne Hill	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Andrea Hong	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Meredith Davis	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Catherine Francoeur	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Tony Bell	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Dave Roeder	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Tina Nixon	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Marina Goldgisser	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Bernard Kelly	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Bill Murray	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Michael Broz	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Wil White	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Chuck Wolfe	<input checked="" type="checkbox"/>	<input type="checkbox"/>

**Also Present:**

**Quorum (8):** Achieved

## Agenda

1. Recognitions:
  - a. Kudos to Marina for the stellar December newsletter
2. Happy New Year
  - a. New Year message from President Ndegwa
3. Holiday Lights Run
  - a. Hosted by Ginny on 13Dec23
  - b. Over 20 attended (only one group lost)
4. PGRC@ParkRun
  - a. PGRC provided coffee, cookies, and hot chocolate for the New Years Day run
  - b. Sign ups available for the 10 mile and Springburst
  - c. Generated new interest in the club

5. Annual Board Meeting
  - a. No 2024 elections
  - b. Open to an annual general membership meeting
  - c. Timeframe: a Saturday in March
  - d. Location: ??? Dave looking
  - e. Food: PGRC to cater
6. Ten Mile Training Program
  - a. Coached by D and Dave
  - b. Starts Saturday, 6 Jan 2024
  - c. 38 interested participants so far (only 10 participants last year)
  - d. Goal race RRCA Club Challenge or any Spring race
7. RRCA Club Challenge
  - a. February 25, 2024
  - b. Cost is \$40/runner
    - i. Club will pay full cost for runners who participate (registrants who drop will have to reimburse the club)
    - ii. HCC gym still under construction until 2025
  - c. Will have to provide checks to Howard County Striders (for club balance) and to RRCA for the Grand Prix and WDF
8. RRCA Renewal
  - a. Catherine completed in November
    - i. Annual dues
    - ii. Director and Officers' insurance
9. RunLead Badge
  - a. RRCA-run program
  - b. Knowledge for run leaders, mentors, or pace leads
  - c. Provides education (overview of safety concepts for managing group runs)
  - d. Provides overview on aging group dynamics, behaviors, inclusivity, and more
  - e. \$25 for participants
    - i. Board voted unanimously to reimburse members who complete the course
10. Springburst
  - a. April 27, 2024 - marketing and discount email sent 1 Jan 2024
  - b. Undated, race-specific flyers in development to be reused for Springburst (and other races)
  - c. Timing company is secured
  - d. RunSignUp registration website has been updated
  - e. Bernard to update PGRC website with new date
  - f. 44 Registrants so far

11. Wine Wednesday
  - a. February 28, 2024 at the Hall CP
12. Treasurer's Report
  - a. [https://docs.google.com/document/d/1lis1q8HaBiNfay63YdCj2q26a\\_5GgliSziZr5A1bm1U/edit](https://docs.google.com/document/d/1lis1q8HaBiNfay63YdCj2q26a_5GgliSziZr5A1bm1U/edit)
  - b. Budget by Category
    - i. <https://docs.google.com/spreadsheets/d/1UWdu2cv-eoFQqvXICuIBuxW4dNILS4dsyR4vsH9grNA/edit#gid=122354203>
13. Training Calendar
  - a. To be discussed after 10 Jan 2024 Coaches Meeting
  - b. General discussion re: offering discounts on training registration for past training program participants
14. PGRC MeetUp Discussion
  - a. Marina to draft a poll to membership based upon inquiries/observations of members doing long runs on Saturdays instead of Sundays
  - b. Bowie Group - Marina to reach out to Kim re: two-way communication to/from Bowie group when a planned run is not going to be held.
    - i. Club trying to strike the balance between not alienating Bowie members and protecting club safety/liability interests
15. RRCA Info
  - a. Runner Friendly Communities
    - i. If we want to submit our area (Greenbelt or College Park) - nominations are due by 1 July
  - b. RRCA National Running Awards
    - i. Deadline for nominations 19 Jan
    - ii. Awards to acknowledge the service and dedication of volunteers and organizations
16. Info/News
  - a. After many efforts in recent years advocating for walkable and bikeable streets, President Ndegwa has been appointed by Governor Wes Moore to be a member of the MD Bicycle and Pedestrian Advisory Committee for the next 4 years

Action Tracker:

 PGRC Action Items