

PGRC Nov 2023 Board Meeting

015 Nov 2023/ Meeting started at 7:06pm ; Adjourned 7:29pm

Attendees


MEMBER	PRESENT	ABSENT
Ndegwa Kamau	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Yvonne Hill	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Andrea Hong	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Meredith Davis	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Catherine Francoeur	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Tony Bell	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Dave Roeder	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Tina Nixon	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Marina Goldgisser	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Bernard Kelly	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Bill Murray	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Michael Broz	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Wil White	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Chuck Wolfe	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Also Present:

Quorum (8): Achieved, briefly

Agenda

1. End of Summer Cookout
2. Marathon Training Program
3. Half Marathon Training Program
4. 8K Training Program
5. The Wright Stuff
6. Strategic Planning Meeting
7. Nutrition Workshop
8. Club Challenge*
 - a. \$40/runner
 - b. 25 Feb

- c. Board Voted unanimously to continue the practice of the club paying the full cost of runners who complete the Club Challenge. If runners register, but do not run, they will need to reimburse the club (\$40).
- 9. Membership
- 10. Wine Wednesday
- 11. Treasurer's Report
 - a.  PGRC Monthly Report
- 12. Looking Ahead
- 13. RRCA Updates

Action Tracker:

 PGRC Action Items