

Race Date  
August 21, 2016

WDF 2016  
Age Group Results

**MENS 5K**

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Emilien Guigues	Gaithersburg MD	29	92	4	22:28.4

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Luis Navarro	Columbia MD	39	89	1	18:27.5
2	Derek Ross	Washington DC	35	96	5	22:54.0

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Vernon Waters	Germantown MD	43	94	2	19:17.5
2	William Murray	Riverdale MD	49	85	13	31:10.6
3	Lorne McLaughlin	Waldorf MD	48	88	14	32:13.7

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Michael Laurencell	Ellicott City MD	57	109	6	23:04.6
2	Elliott Hamilton	Hyattsville MD	56	108	7	24:04.4
3	Mike Cannon	Fairfax Station VA	58	91	8	24:33.0
4	Kent Keller	Annapolis MD	52	95	9	25:14.4
5	Richard Vickers	Silver Spring MD	53	110	10	29:03.4
6	Keith Carey	Laurel MD	54	86	11	29:13.0
7	Tony Darosa	Stevensville MD	53	90	12	29:43.6
8	Harvey Baker	Bowie MD	53	87	16	34:19.9

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Kirk Gordon	Glenn Dale MD	60	82	3	22:18.9
2	Aaron Terry	Hyattsville MD	60	93	17	43:57.7
3	Daniel Grasso	Wake Forest NC	60	84	18	46:27.3

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Mel Miller	Mount Airy MD	77	83	15	33:32.4